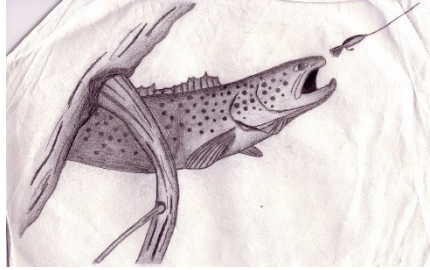


7th Annual Highlandville 5k Trout Trot 2019

Please join us for this kick off of the Highlandville Fun Fest.



When: Friday, July 5, 2019. Time: 7pm race time.

Where: Highland General Store, Highlandville, IA

Race day registration: 5:30-6:45

Pre-Registration deadline: June 26, 2019 to receive a T-shirt

Registration Fee: Adults/Teens-\$20.00- Children (12&under) \$10.00

Please complete bottom portion and return with payment.

Please note: This is a kid friendly, dog friendly event.

Brats and hotdogs, refreshments, prizes for all registered runners/walkers.

2019

Name: _____ Age: Over 12 ___ or 12 and under ___

Mailing Address: _____

Email: _____

(For results and reminder with next year's race info. Write legibly)

Phone: _____ Sex: Male ___ Female ___

Tshirt size (if registering before June 26) Adult: S M L XL XXL Youth: XS S M L

This walk/run is strictly for fun and each runner is responsible for his or her own safety. I agree by signing I am in good health and I do hereby for myself, my heirs, and executors, administrators and assignees release and forever discharge the sponsors and all those involved in organizing, and manning this event from all claims of any kind as a result of my participation in this event.

Signature _____ Date _____

Parent or Guardian (if under 18) _____ Date _____

Make Checks Payable to: Melissa Lovstuen/5k

Mail to: Melissa Lovstuen, 2396 355th St, Decorah, IA 52101

Questions, Contact: Melinda at melindachristopher99@gmail.com or Melissa at amlovstuen@yahoo.com

More info at: www.bearcreekcabinsia.com click on Highlandville Fun Fest, also check out the Facebook page.